

Post Valentine's Day Depression Solved

By Debra Ann Thomas

With so much commercialism centered on any type of holiday now days, Valentine's Day seems to target everyone in a diverse and different fashion.

If you are single, you may feel like everyone pity's you because you can't seem to attract anyone. If you are dating, the expectations are high, if you have been in a relationship for quite some time, this day has become an inconvenience. Every body is affected in one way or another. There will be some ticked off women after the one day that gives the impression that if it's not done right, you don't really love me. Some men end up in the dog house just because of the expectations circling this heartfelt day.

Men, get out and stay out.....of the dog house, I mean. There IS a solution to your lack of understanding of the female mind. We all agree that some women are hard to understand, tough to figure out and impossible to please. What the majority of the men need to remember is that her subtle hints are really ways for you to look like you thought of the idea all by yourself. Therefore, making you the hero in her heart. Clever, isn't she? So when she tells you about the new restaurant that just opened up or the movie with her favourite star in it really means "Take me dinner and a movie". It's that simple. Keep a one eye open and both ears peeled to her every word when it comes to what she wants. It could save an argument and we all now who normally wins in an argument, so save some time and listen carefully to the message she is planning in your brain.

I would like to expel a couple of myths right now. Romancing is not only done on Valentine's Day or her birthday or your anniversary, it's a 365 day event inspired by the love you have for each other. Sounds so simple doesn't it? And it really is. Just think back to the first few dates you and your partner had. You made that effort to be impressive, to be thoughtful, to be loving and caring, to show her off, putting her on that pedestal where every queen should reign. Now when your relationship matures and that effort fades into thin air, what do you think that it showing her? You put this effort into getting her; don't you want to keep her? You need to continue to put 100% into your relationship in order to keep it, just like you would your job. Fine, you can always get another job. And you can always get another partner. But remember, you're going to have to start from scratch at the impression stage again, you know – that extra effort to go on dates, pay for movies and popcorn, open doors, tell her she looks fantastic and buy her flowers "just because". So, why not do all this with your existing partner that you so dearly wanted to have in your life all the time?

Being romantic does not have to cost a fortune. Create great habits that prove your love and devotion to your one and only. Some of the most romantic things that you can do and say to your partner are free. FREE I TELL YOU!

- ❖ Complement her every day, even when she's in curlers, the mud mask going and baby spit on her shoulder. Her eyes still sparkle with love for you no matter what she wears. But, remember to really complement her when she's dressed to the nines. She spent a lot of time to look good for you so you had better start drooling when she walks in the room.
- ❖ Send her a heartfelt card to her place of work, mark it personal and confidential. It will definitely put a smile on her face. And if she works at home, same thing. Every body loves to get mail.
- ❖ If she has a password on her work phone, put a spicy message on it for her to replay over and over again.
- ❖ Kiss her goodbye every time you have to be apart and kiss her passionately when you return – even if you're only going to the store for milk. Say “I love you” instead of “Good Bye”.
- ❖ Give her a one-of-a-kind nickname. Hold hands when you are sitting beside each other watching TV or walking from the car to the store.
- ❖ Cook her dinner – you have to eat anyways. Remember to put candles on the table.
- ❖ Write her a love letter. Not typed! It doesn't have to be 18 pages long, just let her know how special she makes you feel and that you can't live without her. That will make her melt into your arms, guaranteed.

There are tons of ideas that you can do that will make you the most desirable man on the planet!

To learn more about how to be the most romantic guy in the universe and/or save your drowning love life, visit www.hallofromance.com to get your copy of the book every woman wants her man to read and practice. Happy Romancing!